Toya Poplar is a literary midwife, speaker and change agent. She understands that she was designed to live creatively and invests her time and energy in encouraging others to do the same.

Toya is the author of the Amazon best selling journal *Stop Write There.* She enjoys creating environments that foster dialogue and collaboration, rather than monologue and competition. Poplar's goal when speaking is for individuals to get what they need from God and what they don't know they need from each other.

Toya leads a support group for creative entrepreneurs, hosts monthly silent writing retreats, bi-monthly diversity dinners, and does what she refers to as "holy" ghostwriting for pastors and business leaders. Toya’s words, whether written or spoken, will motivate you to chase your dreams to fruition.

Family is her sanctuary, and having a healthy marriage and pouring love into her family is always a top priority. Married to her high school sweetheart, together they are the proud parents of six children. It’s safe to say Poplar’s home life is about as colorful as the lipstick she wears.